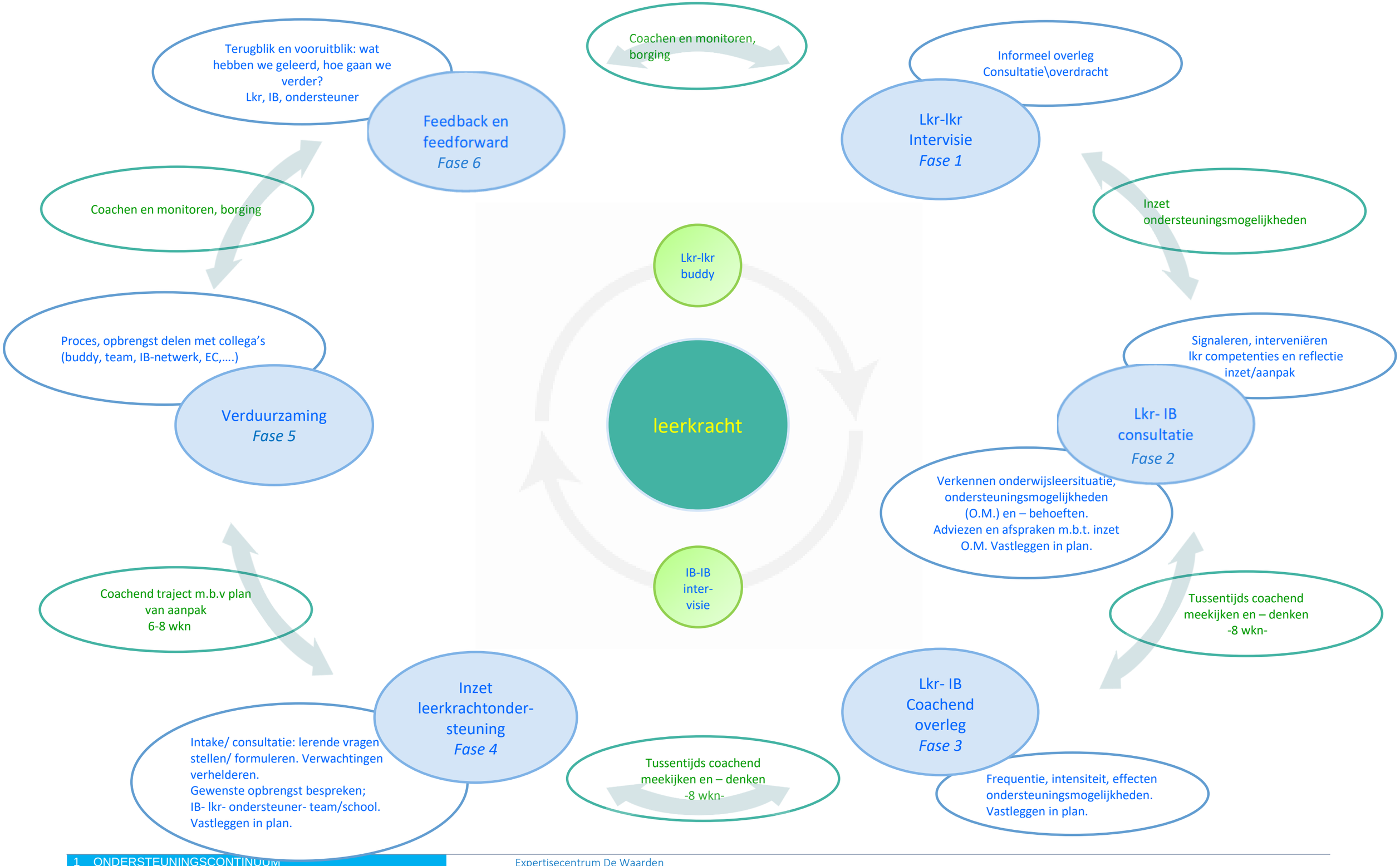ONDERSTEUNINGSCONTINUÜM